Dementia Studio

a place to create and connect

for people with dementia and their carers

> "You provide a fabulous experience for your guests and have quickly become a vital part of my dad's life, and indeed that of my mum's too as his carer, so many, many thanks for that." (DW)

WEEKLY PROGRAMME







MONDAY 1-4

TUESDAY 10-1

Day care sessions for people with moderate to severe dementia. Expertly-led with experienced support, carers can leave their loved-ones confident in the knowledge that they will be engaged and entertained for 3 hours. Cost £40.

FREE TASTER SESSION

TUESDAY 2-4

SPORTING MEMORIES

Volunteer-led for couples where one partner has dementia. This is the only Sporting Memories group for individuals with dementia in the East Midlands. Come and share your sporting passions

SPORTING MEMORIES

REMINISCE · REPLAY · RECONNECT

WEDNESDAY LUNCH CLUB

Co-produced with its participants, the Lunch Club is for anyone with a diagnosis of mild cognitive impairment or mild dementia. The focus is on retaining independence and delaying cognitive decline through active, purposeful lifestyle interventions.

CONTACT US FOR FURTHER DETAILS

DONATE

GET IN TOUCH

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